

# BLACKWATER TIMETABLE

# HEALTHY *Active* HIGHLANDERS



**Please note:**

- \* All day/times are subject to change
- \* Classes commence 2 July for 12 weeks

- = Session is child friendly
- = No children under 12

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30AM	<b>FITNESS CLASS</b> 60mins - Angela Smart Rotary Park					
11:30AM			<b>PILATES</b> 45mins - Rosie White Civic Centre			
1:30PM		<b>LAUGHTER YOGA</b> 60mins - Kim Tompson Civic Centre				
3:30PM					<b>GROUP FITNESS</b> 45mins - Patty Marshall Rotary Park	