

SPRINGSURE TIMETABLE

HEALTHY *Active* HIGHLANDERS



Please note:

- * All day/times are subject to change
- * Classes commence 2 July for 12 weeks

- = Session is child friendly
- = No children under 12

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2:00PM					PILATES 45mins - Rosie White Town Hall	
3:30PM	YOGA 60mins - Meagan Walker Town Hall				KIDS YOGA 45mins - Rosie White Town Hall	
5:30PM		BOOT CAMP 60mins - Mark Francey Showgrounds		BOOT CAMP 60mins - Mark Francey Town Hall		